MPPT NEWSLETTER

NOVEMBER 2026

THANK YOU, MS. LARA



It's with deep gratitude and mixed emotions we are announcing Ms. Lara will be spending her last day at MPPT on November 5th. We are so happy for her as she is going to be closer to her loved ones in Texas!

As Lara prepares to begin her next chapter, we want to take a moment to recognize the incredible impact she has made on our clinic and the families we serve. Since joining our team in 2022, Lara has been a dedicated physical therapist, compassionate leader, and trusted mentor. As our Physical Therapy Department Head (and clinic chiropractor), we always counted on her for her knowledge, professionalism, and willingness to help.









Lara was truly one of a kind. We will miss her so much!

❤️ **THANK YOU MS. LARA** ❤️

SPIRIT WEEK RECAP

October was packed with seasonal fun at the clinic. To celebrate Halloween season, both clinics participated in our annual Spirit Week featuring Sports Day, Pajama Day, Neon Day, and Costume Day. Both staff and kids dressed up with some great outfits- so it was a great way to bring some extra excitement before the Halloween weekend.






We saw some great outfits and costumes, but the fun didn't stop there! During our spirit week, we had our pumpkin and Halloween themed week!

Halloween Week

There was **Halloween Bingo, a movement scavenger hunt, sensory bag exploration, and a spider craft**. These activities tied creativity, exploration and movement into a fun holiday like Halloween!



Pumpkin Week

We took part in **pumpkin carving, pumpkin toss, fall scavenger and a pumpkin chocolate cookie recipe**! These activities provided opportunities to work on skills such as coordination, problem-solving, and following directions.



PHYSICAL THERAPY MONTH



October was **Physical Therapy Month**! We took time this month to celebrate our them and their hard work! Our amazing physical therapists help develop the strength, balance, coordination, and mobility needed for everyday activities. From supporting developmental milestones to improving confidence on the playground, PTs play an important role in helping children reach their goals to live their active life to the fullest.



Pediatric physical therapists support children with a wide range of needs, including **delayed motor milestones, balance and coordination challenges, muscle weakness, toe walking, torticollis, developmental delays, gait abnormalities, sports injuries, and more**. Their goal is to help children move safely and efficiently while building the physical skills needed for success in daily life.

As we celebrate Physical Therapy Month, we also want to recognize the incredible impact that pediatric physical therapists have on our children and their families. **We are looking for a skilled and compassionate pediatric physical therapist. If you or someone you know may be interested, we'd love to connect!**





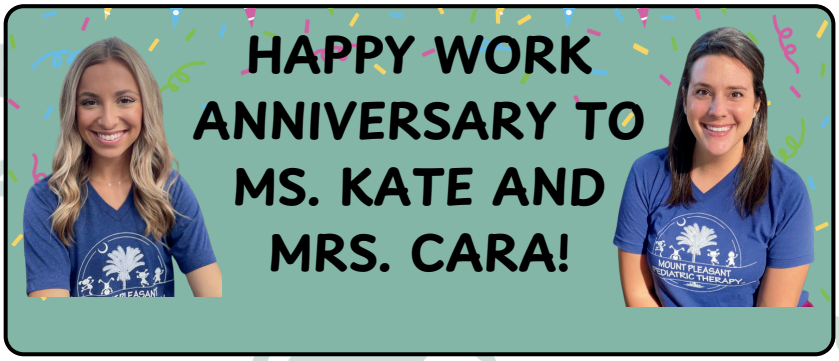
We also thank Mackenzie, our PT student who has been doing her clinical with Ms. Lara, a huge THANK YOU and good luck with the rest of her schooling at MUSC! She has done an awesome job and we are so excited for her to be a future physical therapist! Thank you again, Mackenzie!



CLINIC CHECK-IN

NOVEMBER BIRTHDAYS

10TH	MS. LEE
17TH	MRS. CARA
21ST	MRS. KRISTEN
27TH	MRS. STEPHANIE



MPPT Kids Say the Darndest Things

Camden (16) going into Highway 17 for the first time:

"Wow it's so... modern in here."




CUTE COSTUME!


MONTHLY HONEY CONTENT


SAY, "CHEESE!"